

# Me desperté con dos inviernos a los lados

I Woke with Two Winters on Either Side



**Author:** [Elsa Veiga](#) [1]

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Young Cara Piqueres lives with her family in a big city and leads an apparently normal life. However, when night falls and her father returns home, preceded always by The Shadow, the nightmare begins. Sitting on the edge of her bed at night, her sister, Nato, tells her bedtime stories and it is only thanks to these that she can avoid some of the pain and anger that fill her home daily. When the situation becomes unbearable, she takes a decision from which there is no going back. An object passed from mothers to daughters marks the destiny of three generations of women, all victims of abuse and violence. The author meticulously recreates the oppressive domestic atmosphere of a home where there is barely air to breathe. In the course of the novel, the author's narrative takes us from despair to hope. It is we who decide where we come to rest.

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