

Plantánimals



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Do you love animals? What about plants? Did you know that there are beings that are half plant and half animals that represent our emotions? Do you want to meet the plant-animals with Martina and Marcos? They will teach you to get to know your emotions, how to express them and understand them. Many studies support the idea that stimulating and developing emotional intelligence guarantees a better quality of life and well-being. This is why it's important to get to know the main emotional competencies that stimulate emotional intelligence in childhood and learn some ways of promoting them through fun and playful games. Using clear, accessible language, this fun, interactive story of Martina, Marcos and the plant-animals introduces us to beings that each represent a different childhood emotion: Love, Anger, Irritation, Sadness and Joy.

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