

# Atención y apoyo psicosocial domiciliario

Psychosocial home care



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The support provided by a domestic care worker offers the possibility for the dependent person to continue living in their own home, maintaining a connection with their surroundings as well as staying close to their friends, neighbours and family. Furthermore, this service offers the user the chance to receive the necessary support in order to retain their autonomy for as long as possible, such as help in carrying out the domestic tasks they may no longer be able to do themselves. The main aim of this didactic material is for the reader to learn how to perform domestic psychosocial interventions for people with health and social care needs. This manual will teach you how to plan and coordinate such care, allowing you to identify the needs presented by a dependent person.

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