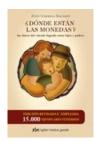


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## Where are the Coins?



Author: Joan Garriga Bacardí [1]
Publisher: Rigden Institut Gestalt [2]

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Confucius teaches us that you can only be happy if you know how to be happy with everything. Following this advice and shunning passive conformity and false resignation, we discover that the password which opens the doors to personal fulfillment has one syllable: YES.

YES. To life as it is. To ourselves as we are. To others, as they are. To our parents, as they are and as they were, providential authors of our existence and much more. This is the message revealed by Joan Garriga Bacardí in this book, as poetic as it is conducive to reflection and change, on a vital matter of concern to us all: the process of taking in our origins, our family legacy and throught it finding our place in the world.

The text celebrates life without robbing it of its realism or rawness, avoiding any artificial positive psychology. Publishing rights available from**Company:** Rigden Institut Gestalt

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